



**TAKE YOUR AB WORKOUT TO A  
WHOLE NEW LEVEL**

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### **ABMAT XTREME**

5-104-030-00 \$39.95

The AbMat Xtreme is the newest addition to the already popular AbMat line. Many of the exciting new features includes cut outs, designed to prevent tailbone abrasion through even the most rigorous high-rep workouts. AbMat Xtreme is made from an anti-microbial vinyl, with a contoured shape that secures the spine and maintains proper balance. The Xtreme also introduces scalloped side panels to intensify the oblique workout.

The AbMat Xtreme will work for athletes of any size and can be utilized to isolate both the upper and lower abs, as well as the lower back muscles and obliques, all while keeping your hips in front of the mat for optimal range of motion.



### **ABMAT SILVER**

5-104-001-00 \$29.95

The "Original" AbMat. Still made with the highest quality thousands have come to love and expect, the AbMat is essential for any core development program.

The AbMat® is an abdominal exerciser and core trainer designed for athletes that desire an all-inclusive abdominal muscle group workout. Offering a variety of exercises that isolate the upper and/or lower abs, as well as the obliques and lower back muscles. The AbMat is contoured to your lower back providing support and injury prevention with an emphasis on comfort.



### **ABMAT PRO**

5-104-021-00 \$29.95

The next generation of AbMat is here with the AbMat PRO. The same size and shape of the AbMat Silver with a more modern looking design, thermoformed to enhance the AbMat and formed with an antimicrobial vinyl material. Work out instructions conveniently printed on the back of the AbMat.



### **ABMAT JUNIOR**

5-104-012-00 \$29.95

Not everyone is built the same and neither are our AbMats. The AbMat Junior is designed specifically for those young athletes or athletes that sport a smaller frame. Those athletes can take advantage of the same AbMat experience while using our AbMat Junior.



### **ABMAT PINK**

5-104-013-00 \$29.95

So many benefits to the AbMat Silver sporting the super cute pink color. Made of the durable material as the AbMat Silver.



### **ABMAT WRAP GUARD**

5-104-014-00 (Black Wrap) \$12.95  
5-104-015-00 (Pink Wrap) \$12.95  
5-104-017-00 (JR. Wrap) \$12.95

The AbMat® Wrap Guard is designed specifically for the AbMat®Silver, the Abmat®Pro Abmat Junior, & AbMat Pink. The wrap allows extra padding on the tailbone and also keeps the AbMat® in place when doing high intensity work outs. When buying the AbMat® make sure to throw the AbMat® Wrap Guard in the cart. Available in (2) colors: Black & Pink